Internship Restrictions

Based on our sponsorship policies and visa regulations, you **cannot**: 

- Teach or educate
- Work as a bartender, waiter or server
- Work in bars and restaurants unless you have a Hospitality, Culinary Arts, or Restaurant Management degree.
- Work in casual labor positions
- Work as an independent contractor, or for an independent contractor
- Work in fields based solely off of specific modules taken at university
- Provide childcare or elder care
- Provide patient care or have patient contact
- Use a staffing/recruitment agency to find an internship
- Do more than 20 percent of clerical work at an internship
- Also, your position **must be** paid and minimum 32 hours a week